

There are certain people whose skills naturally lend themselves to certain professions. Even before I began my experience as a client of Wendy's coaching, she had given me expert advice and guidance years earlier through a traumatic time. I had no doubts she would be able to offer expertise to my financial situation when I began coaching with her in fall of 2011.

What I did not realize at the time was the depth of my dilemma. Without anticipating the circumstances that came into play, Wendy was able to set me up ahead of time in such a way that I was much better able to deal with adverse situations that arose. It was a challenging period, and Wendy's support was both heartfelt and uplifting at a time when it was difficult for me to maintain a sense that it was possible to navigate my way forward.

It is now a year and a half later and my circumstances are almost opposite. I am involved in situations that promise financial growth. My attitude is optimistic. Furthermore, I have a sense of emotional wellbeing with myself and those close to me and have made some new deep connections with others .

I give Wendy credit for setting me up initially to see what I was aiming for, to separate out the voices in my head that were helpful v. those that were not, to keep my goals always in mind, and to take steps in any way I could towards achieving them. I also acknowledge her exceptional ability to be available with just the words I needed to hear when the going got so rough that I needed extra support. I am a person Wendy describes as non-linear. Often in our sessions when she asks me a question, it is later in the conversation that we will circle back around with the answer. She helps me find clarity in my life in a way that is not obvious to myself and helps me simplify my complicated thinking. She keeps me focused on my goals. She gives me a perspective on where I've been, what I have accomplished and what I hope to achieve. Through it all, she recognizes the high road – feeling good about all of it.

S.K.

Artist

Coaching focus: creating a business with her artwork